POLL QUESTIONS

How Older Adults Use, Think About, and Discuss Cannabis

September 2024 | **www.healthyagingpoll.org**

INSTITUTE FOR HEALTHCARE POLICY AND INNOVATION
NATIONAL POLL ON HEALTHY AGING
UNIVERSITY OF MICHIGAN

Q1. In the past year, how often have you used cannabis products that contain THC?

This includes any products that contain THC such as:

- flower in joints, blunts, bowls
- dabs / wax / shatter / budder, butane hash oil, or other concentrates
- oil or dried flower in vaporizers
- edibles, beverages, and tinctures
- skincare products such as lotions

Do not include products that contain only CBD.

1. Never
2. Once or twice
3. Monthly
4. Weekly
5. Almost daily or daily

If Q1 = 2, 3, 4, or 5

Q2. In the past year, how often did you use each of these types of cannabis products containing THC?

	Never	Once or twice	Monthly	Weekly	Almost daily or daily
Flower in joints, blunts, bowls					
Dabs / wax / shatter / budder, butane hash oil, or other concentrates					
Oil or dried flower in vaporizers					
Edibles, beverages, and tinctures					
Skincare products such as lotions					

If Q1 = 2, 3, 4, or 5

Q3. In the past year, did you use any cannabis products containing THC for the following reasons?

	Yes	No
To enjoy the effects / feel good		
To help mental health or mood (e.g., depression, anxiety, loneliness)		
To experiment		
To celebrate		
To relax		
To help with pain relief		
To help with sleep		
To make a social gathering more fun / connect with others		
To treat a medical condition		

If Q1 = 2, 3, 4, or 5

Q4. In the past year, how often did you drive within 2 hours of using cannabis products?

1. Never
2. 1–2 times
3. 3–5 times
4. 6–10 times
5. More than 10 times
6. N/A I do not drive

Q5. In the past year, did you…

	Yes	No
If Q1 = 3, 4, or 5: use more cannabis to feel the effect you wanted?		
If Q1 = 2, 3, 4, or 5: have strong desires or cravings for cannabis?		

If Q1 = 2, 3, 4, or 5

Q6. In the past year, did…

	Yes	No
using the same amount of cannabis have less effect than it used to?		
your cannabis use increase (either amount or how often)?		

Q7. These questions ask about cannabis products that contain THC.

This includes any products that contain THC such as:

- flower in joints, blunts, bowls
- dabs / wax / shatter / budder, butane hash oil, or other concentrates
- oil or dried flower in vaporizers
- edibles, beverages, and tinctures
- skincare products such as lotions

Do not include products that contain only CBD.

How much do you agree or disagree with these statements:

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
People can become addicted to cannabis				
It is safe to drive within an hour or two after using cannabis				
Today, cannabis is stronger than it was 20 or 30 years ago				

Q8. These questions apply to different types of cannabis products containing THC, the chemical that gets a person high. *Do not respond about products that contain CBD only.*

How much do you think people risk harming themselves physically and in other ways if they regularly (at least weekly):

	No risk	Slight risk	Moderate risk	High risk	Not sure
Smoke cannabis flower in joints, blunts, bowls					
Dab or take cannabis concentrates					
Vape cannabis					
Consume edibles, beverages, or tinctures containing cannabis					
Use cannabis skincare products					

Q9. Have you ever discussed cannabis use with any of your health care providers? Select all that apply.

1. Yes, I brought it up
2. Yes, a health care provider brought it up
3. No

Data Source and Methods

This National Poll on Healthy Aging report presents findings from a national household survey conducted exclusively by NORC at the University of Chicago for the University of Michigan's Institute for Healthcare Policy and Innovation. This survey module was administered online and by phone from February 22nd– March 12th, 2024 to a randomly selected, stratified group of U.S. adults age 50–101 (n=3,379), with an oversample of non-Hispanic Black and Hispanic populations. The survey completion rate was 44% among probability-panel members invited to participate. The margin of error is +/–1 to 4 percentage points for questions asked of the full sample and higher among subgroups.

The sample for the Michigan Poll on Healthy Aging included Michigan respondents ages 50–94 (n=1,079); 367 from the AmeriSpeak probability-based panel, and 712 from non-probability panels. The survey completion rate was 40% among probability-based panel members in Michigan that were invited to participate. The margin of error is +/–3 to 10 percentage points for questions asked of the full Michigan sample and higher among subgroups.

National Poll on Healthy Aging Team

Jeffrey Kullgren, MD, MS, MPH
Director

Erica Solway, PhD, MPH, MSW
Deputy Director

Scott Roberts, PhD
Associate Director

Erin E. Bonar, PhD
Faculty Collaborator

Dianne Singer, MPH
Poll Manager

Nicholas Box, MPA
Data Analyst

Sydney Strunk, MPH
Research Specialist

Emily Smith, MA
Multimedia Designer

The Regents of the University of Michigan
Jordan B. Acker (Huntington Woods), Michael J. Behm (Grand Blanc), Mark J. Bernstein (Ann Arbor), Paul W. Brown (Ann Arbor), Sarah Hubbard (Okemos), Denise Ilitch (Bingham Farms), Ron Weiser (Ann Arbor), Katherine E. White (Ann Arbor), Santa J. Ono *(ex officio)*